

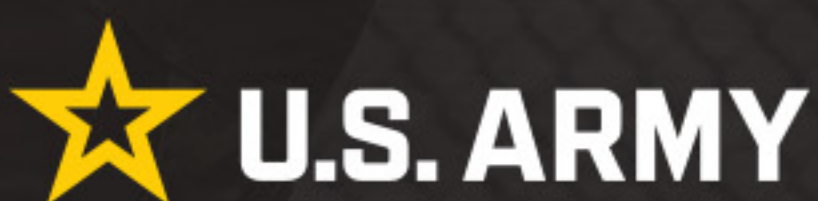


# ARMY RELEASES NEW MANDATORY COMBAT FIELD TEST (CFT)

 **U.S. ARMY**



The Combat Field Test (CFT) is a new annual requirement for **Soldiers in designated Combat Military Occupation Specialties (MOS)**, to reinforce combat standards and lethality by assessing Soldiers' physical ability.



# HIGHLIGHTS

Two annual Army Fitness Tests (AFT) are now replaced with a single CFT and AFT for Soldiers designated in Combat MOS.

No adverse administrative actions for failed CFT attempts during the initial 365-day period.



# CFT OVERVIEW

- Events must be performed in one continuous sequence
- Pass/Fail system (30:00 max)
- Gender-neutral
- Age-neutral
- Uniform: Army Combat Uniform (ACU) with combat boots and a brown T-shirt, with no cover

# EVENT SEQUENCE

- 1-mile run
- 30 dead-stop push-ups
- 100-meter sprint
- (16) 40-lbs sandbag lifts (onto a 65-inch platform)
- 50-meter carry (2) 40-lbs water cans
- 50-meter movement drill:
  - 25-meter high crawl
  - 25-meter 3-5 second rush
- Final 1-mile run



# APPLICABILITY

All Soldiers assigned as Combat MOS must now pass the CFT annually including:

- Active Duty
- Active Guard Reserve
- Reserve Component Soldiers on active-duty orders greater than 60 days



# OTHER RESERVE COMPONENT

All other Reserve Component Soldiers in combat specialities will take one fitness test per calendar year, alternating between the AFT and CFT.

No adverse administrative actions for failed CFT attempts for an extended initial period of 730 days.



# PROFILES

Permanent profile Soldiers unable to perform AFT events are ineligible for CFT and may be considered for reassignment.

Temporary profiles follow existing ATP 7-22.01 guidance until able to complete CFT.



# OCCUPATIONAL COVERAGE

CFT standards apply to 24 close combat MOS including:

11A, 11B, 11C, 11Z, 12A, 12B, 12D, 13A, 13F, 18A, 180A, 18B, 18C, 18D, 18E, 18F, 18Z, 19A, 19C, 19D, 19K, 19Z, 89D, and 89E.

