**SPIRITUAL HELP:** Nothing is more central to your Chaplains’ work than assisting people in their relationship with God. We have skills and knowledge that can be of assistance to you in understanding your relationship with God.

**DECISIONS:** The big decisions of life are so important that they need to be talked about and prayed about. God never intended that we should make these decisions alone. Your Chaplains can possibly point out additional dimensions of the decision to be made that had not been considered. We are ready to discuss your difficult decisions in an atmosphere of confidence and friendship and to pray with you for God’s guidance.

**PRESSURE:** Your Chaplains can help you ease the inner pressure and frustrations that your duties and/or separation adjustments may bring. We can also offer advice and alternatives of which you may not have been aware.

**PROBLEMS:** There are times when we need someone to talk to about life and its consequences, guilt that we carry, or just things that are ‘bugging us.’ We will hear you in a non-judgmental and confidential atmosphere, and will stand ready to pray with you regarding your situation.

**WEDDINGS:** Weddings are considered acts of worship by the Chaplains and as such have spiritual and religious meaning for the participants. Preparation is most important for this special service so it is necessary to contact us at least 12 weeks prior to the planned date of your wedding to allow time for pre-marital counseling.

**BIRTHS:** When a baby is born your Chaplains would like to call when the mother is still at the hospital. The visit could also be a time to begin planning for the new child’s baptism, christening or dedication. We will not know about the birth unless you inform us.

**MARRIAGE PROBLEMS:** When a marriage falls on hard times, couples often do not seek help until it is too late. Your Chaplains are trained in marriage counseling and can help you to work through your problems or guide you to other sources of professional help.

**HOSPITALIZATION:** Let your Chaplains know if you or a member of your family is admitted to the hospital. We would like to bring the comfort of God’s word and love to your hospital room, especially prior to surgery.

**DEATH:** When death comes to a member of the family, to a close friend, to someone you love, or to a comrade in arms your Chaplains can offer you comfort, help you to work through your grief, and also help you in your faith.

**DRUG & ALCOHOL ABUSE:** Your Chaplains are trained in many areas of counseling, to include Drug / Alcohol related problems, and stand ready to assist you in dealing with these problems. We can direct you to sources of help as well.

---

**10 Reasons Why to See a Chaplain**

**Area II and Yongsan Religious Support Teams**

<table>
<thead>
<tr>
<th>Team</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garrison Chaplain</td>
<td>738-3011</td>
</tr>
<tr>
<td>Deputy Garrison Chaplain</td>
<td>738-3058</td>
</tr>
<tr>
<td>Garrison CH Rel Affairs Spec NCOIC</td>
<td>738-3917</td>
</tr>
<tr>
<td>South Post Chapel</td>
<td>738-6054</td>
</tr>
<tr>
<td>Memorial Chapel</td>
<td>725-4076</td>
</tr>
<tr>
<td>Brian Allgood Hospital Chapel</td>
<td>737-1636</td>
</tr>
<tr>
<td>K-16 Chapel</td>
<td>741-6280</td>
</tr>
<tr>
<td>Catholic Priest</td>
<td>725-2955</td>
</tr>
<tr>
<td>USFK Command Chaplain</td>
<td>725-6009</td>
</tr>
<tr>
<td>Eighth Army Command Chaplain</td>
<td>725-6012</td>
</tr>
<tr>
<td>HQs &amp; HQs Battalion Chaplain</td>
<td>723-6341</td>
</tr>
<tr>
<td>1st Signal Brigade Chaplain</td>
<td>723-6707</td>
</tr>
<tr>
<td>41st Signal Battalion Chaplain</td>
<td>724-3089</td>
</tr>
<tr>
<td>65th Medical Brigade Chaplain</td>
<td>737-1840</td>
</tr>
<tr>
<td>Brian Allgood Hospital Chaplain</td>
<td>737-1634</td>
</tr>
<tr>
<td>501st MI Brigade Chaplain</td>
<td>723-4090</td>
</tr>
<tr>
<td>2-2nd AH Battalion Chaplain</td>
<td>741-6448</td>
</tr>
</tbody>
</table>

**After Hours Emergencies and Weekends**

On-Call Duty Chaplain 010-4793-0143

---

**Your Unit Ministry Team**

Each Unit, Army Headquarters, Garrison, Brigade, Battalion, and Detachment has a Unit Ministry Team (UMT) that consists of a Chaplain and Religious Affairs Specialist. Together, they minister to promote your spiritual, relational, and moral well-being. To accomplish this mission, the UMT performs, or provides religious education and worship services, conducts counseling, and offers training events, such as Suicide Intervention, Coping Skills, Prayer Luncheons or Strong Bonds Enrichment Conference.

Have a problem? Don’t hesitate to contact your UMT. We exist to serve you! To contact your UMT, consult the phone roster above.

---

**As of 24 July 2016**
Yongsan Spiritual Resilience Community offers The Army’s Most Vibrant Garrison Religious Support Programs in all of Korea, if not, the entire US Army. It’s a variety of over 100+ exciting Worship and Religious Education programs will meet your spiritual and social needs. This brochure summarizes the services and ministries currently offered. It will help you contact your Unit Chaplain and Chaplain Assistant in assisting you and your Family in pursuing spiritual growth at in Area II and Yongsan. There are Five Spiritual Resilience Centers on Yongsan and K-16 that serves as platforms for all our Religious Support Services and Education in Four Chapels and a Family Life Center.

We are here to support you with Five Ingredients of Spiritual Resiliency

Religious Services
Worship, Funerals, Memorial Ceremonies and Services

Rites, Sacraments, Ordinances
Marriages, Burials, Baptisms, Confirmations, Sacraments, Blessings, Ordinances, Daily Prayers; other Ministrations and Religious requirements

Pastoral Care
Visitation, Counseling, Care to Casualties and Caregivers; Religious Support to Survivors, Critical Events Debriefings

Religious Education
Study of religious teachings that includes Activities of Faith Sustainment, Marriage Enrichment, Problem Solving, Communication Skills, Parenting Skills, Youth Programs, Religious Literature.

Institutional Ministry
Preserving Soldiers’ fighting strength by maintaining their health and supporting Family members. Institutional ministry occurs in hospital and confinement or correction facilities.

How Chaplains & Religious Affairs Specialists Can Serve You!!

Yongsan ~ K-16
Weekly Religious Services

SOUTH POST CHAPEL
(South Post Bldg. 3702) (738-6054)
“CONTEMPORARY” R.O.C.K. SUN 0900
“NONDENOMINATIONAL” SUN 1100
“GOSPEL” SUN 1300
LATTER DAY SAINTS (LDS) SUN 1600
JEWISH FRI 1900

MEMORIAL CHAPEL
(Main Post Bldg. 1597) (725-4076)
CATHOLIC MASS SUN 0900
PENTECOSTAL SUN 1330
CATHOLIC MASS SAT 1700
CATHOLIC DAILY MASS M/W/F 1145
KATUSA WORSHIP TUE 1830
CATHOLIC MASS 1st SAT 0900
KOREAN CHRISTIAN FELLOWSHIP 3rd TUE 1145
ROK CATHOLIC MASS 3rd THU 1730

ALLGOOD HOSPITAL CHAPEL (737-1636)
(South Post Bldg. 7005)
PROTESTANT “TRADITIONAL” SUN 0930
EPISCOPAL SUN 1100
SEVENTH DAY ADVENTIST (SDA) SAT 1100
CATHOLIC DAILY MASS THU 1145

K-16 CHAPEL
(K-16 CAC Bldg. S-302) (741-6280)
PROTESTANT “CONTEMPORARY” SUN 1030

For more information, Please contact the Religious Support Office for the latest publication @ 738-3011 or youngshim.kim2.ln@mail.mil.

For Emergencies ONLY
On Call Duty Chaplain ~ 010-4793-0143

Post-Wide Auxiliary Ministries for You and Your Family

AWANA
A weekly, fun, biblically based spiritual growth and character development program just for kids. Mondays, 1815, South Post Chapel

Children’s Church
The Children’s Ministry goal is to equip and prayerfully support each child so that they might realize Christ’s perfect plan for their life, and take an active part in sharing their faith with others, as we follow the instructions of our Lord to His disciples, to “go to all nations and make disciples.” Sundays during Chapel.

Teen Vision Youth Ministry
Fun and meaningful weekly ministry to teenagers. Great food, fun & relevant talks. Sundays, 1700, South Post Chapel

Catholic Women Of The Chapel
A weekly, supportive and inspirational gathering of Catholic women. Thursdays, 0930 and 1830 South Post Chapel

Knights of Columbus
Catholic men’s gathering for service and spiritual depth. 1st Saturday of the month, 1000, Memorial Chapel

Men of the Morning Calm
Fun, relevant men’s gathering designed to develop strong men, strong homes, and strong churches. 1st Saturday of the month, 0800, South Post Chapel

Protestant Women Of The Chapel
A weekly, active, and inspirational women's gathering designed to encourage and inspire. Wednesdays, 0915 and Thursdays, 1800 South Post Chapel

Hangul Ladies Bible Study
A weekly, active, and inspirational gathering of Hangul Ladies. Tuesdays, 1000, South Post Chapel

Small Group and Home Group
We have over 30 different Bible Studies On-Post and Off-Post for Adults and Youth to meet your spiritual needs and likings.