



KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

THIS WEEK 6-10 JUNE 2016



TIME WELL SPENT

The training we had invested prior to deployment for the power management issues we expected to encounter in Afghanistan was time well spent. We practiced how to calculate zero-fuel weight and use tabular data on every training mission. Being proficient in recognizing the limitations to performance at high altitudes and high temperatures was and is the difference between a good landing or a bad day.



RUNNING ON EMPTY

As Soldiers, we must maintain our bodies, physical fitness and mental alertness — not only for ourselves, but for our brothers and sisters in arms. Stay healthy, stay hydrated and accomplish the mission!



OH, DEER!

I was about 500 feet from the exit for Fort Belvoir, riding in the right lane on a poorly lit section of the road. I was just about home free when I suddenly saw a gray mass in front of me. Whatever it was, it didn't seem to know what it wanted to do.

DID YOU KNOW?

The June 2016 Knowledge self-print edition is now live on our website. Click here to get your copy.



SAFETY FEATURE

June is **National Safety Month**, and now is a great time to evaluate your personal risk for the year ahead.

Throughout our professional and personal lives, events happen all around us. We are often able to shape the outcome of those events, but many times we're not. Navigating life's challenges is all about decision-making.

The U.S. Army Combat Readiness Center has the tools to keep you and your Soldiers safe, both on and off duty. Visit us online at <https://safety.army.mil>

So are **YOU** ready... or not?

[CLICK TO DOWNLOAD](#)

PRODUCTS & TOOLS



Learn the safety culture and climate within your organization with the Army Readiness Assessment Program.



Mentoring can help keep Soldiers safe. Find out what you can do to protect your Soldiers with the Motorcycle Mentorship Program.



The latest installment of the Army's **Ready ... or Not?** campaign is now available and contains a new collection of safety posters and articles to help Soldiers and leaders prepare for the unique challenges the next few months will bring. Click here to learn more.

Are you **Ready ... or Not?**

[SUBMIT AN ARTICLE](#)

[SUBSCRIBE TO SAFETY PRODUCTS](#)

[CONTACT US](#)

