



KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

THIS WEEK 18-22 APRIL 2016



LOSING SIGHT OF SAFETY

It looked like an easy out. I shifted my feet and got into position to scoop up the grounder with my trusty infielder's glove. I figured I would easily nail the runner at first, but I didn't get the chance. Instead, the ball hit a rise in the ground and struck me in the face. That's when the lights went out.



R U @ RISK?

Say the words "distracted driving" and most folks think of teens who text or gab excitedly with each other while navigating the streets. However, teens aren't the only ones out there paying less than full attention to the road.



A MOUNTAINOUS MISTAKE

An old instructor once told me, "We are in a mistake-making business," which still rings in my heart today. We must remember that people before us shared their mistakes to help us be the aviators we are today.

DID YOU KNOW?

KNOWLEDGE is always looking for contributors to provide ground, aviation, driving and off-duty safety articles. Don't worry if you've never written an article for publication. Just write about what you know, and our editorial staff will take care of the rest. Your story might just save another Soldier's life. Click the **SUBMIT AN ARTICLE** tab below to share your story.

Got a story to tell?
We'd love to hear it!



SAFETY FEATURE

HERE IT COMES Are you ready for the hike?

- Hike with a friend or family member
- Tell someone where you are going
- Have a plan
- Take plenty of water
- Don't walk off the trail
- Bring a hat and sunscreen
- Know your limitations

READY...OR NOT?

Ready... or Not? is a call to action for leaders, Soldiers, Army Civilians and Family members to assess their "readiness" for what lies ahead—the known as well as the unknown.

Throughout our professional and personal lives, events happen all around us. We are often able to shape the outcome of those events, but many times we're not. Navigating life's challenges is all about decision-making.

So are **YOU** ready... or not?

ARMY STRONG <https://safety.army.mil>

[CLICK TO DOWNLOAD](#)

PRODUCTS & TOOLS



Learn the safety culture and climate within your organization with the Army Readiness Assessment Program.



ReportIt is the single Army accident and risk management system for collecting injury, illness and loss data.



The latest installment of the Army's **Ready... or Not?** campaign is now available and contains a new collection of safety posters and articles to help Soldiers and leaders prepare for the unique challenges the next few months will bring. Click here to learn more.

Are you **Ready... or Not?**

[SUBMIT AN ARTICLE](#)

[SUBSCRIBE TO SAFETY PRODUCTS](#)

[CONTACT US](#)

