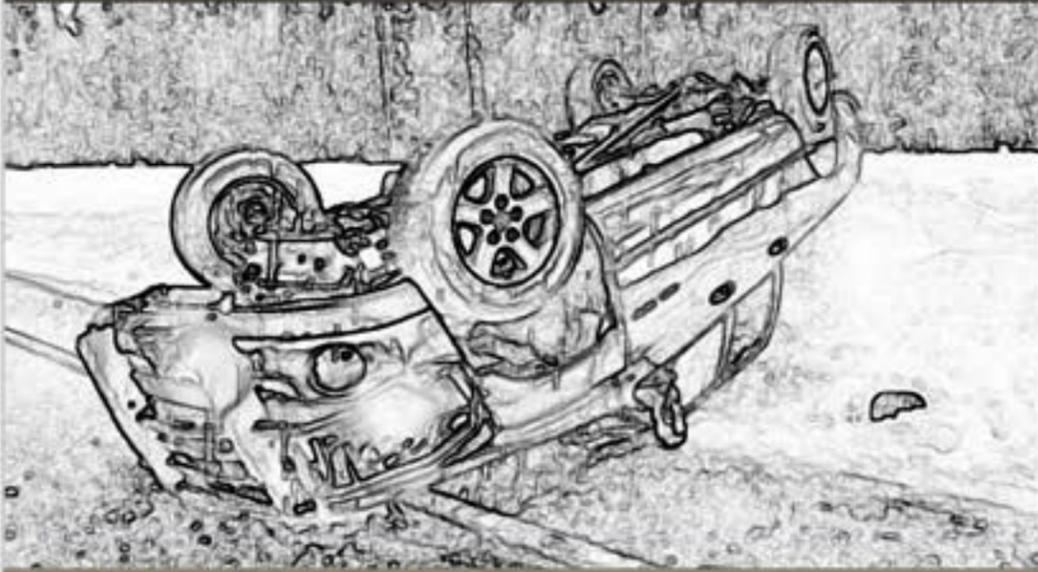




# KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

**THIS WEEK** 23-27 NOV 2015



## PUSHING MY LUCK

Hanging upside down in my driver's seat, restrained by my seat belt, I was thinking, "How did I get here? What did I do to get myself in this situation?" All I could see through my windshield was the snow on the ground. Then I suddenly heard knocking on my window and my buddy asking, "Scott, are you OK?"



## HEAD STRONG

The rate at which my head was accelerating when it struck the concrete barrier could have ended my life. Call it what you will — divine intervention, perhaps premonition — but if I had not put on my Kevlar for that 10-minute bicycle ride, I would be dead.



## EXPECT THE UNEXPECTED

I've been blown around by Black Hawks and Chinooks, and when you run out of cyclic there is one other control to which you can turn. So, like I'd done before, when the cyclic wasn't quite cutting it, I pulled a bunch of collective.

## DID YOU KNOW?

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## Winterize Your Home

## SAFETY FEATURE



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## PRODUCTS & TOOLS



Mentoring can help keep Soldiers safe. Find out what you can do to protect your Soldiers with the Motorcycle Mentorship Program.



ReportIt is the single Army accident and risk management system for collecting injury, illness and loss data.



The latest installment of the Army's **Ready ... or Not?** campaign is now available and contains a new collection of safety videos, posters and articles to help Soldiers and leaders prepare for the unique challenges the next few months will bring. Click here to learn more.

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