



ARMY STRONG.®



# KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

## THIS WEEK 11-15 MAY 2015



### THE GOOD SOLDIER

As good Soldiers, we all want to meet or exceed the standards, including those for physical fitness. Unfortunately, as human beings, we sometimes get hurt. If the injury is bad enough, a physician issues a profile to refrain from regular physical fitness training until the individual has fully recovered. That usually works well, but all too often incidents such as the one I illustrate in this article do occur.



### 16 AND INVINCIBLE

As I rode down the road, I didn't have a care in the world. I had my whole life ahead of me and the world was mine to rule. I knew more than the adults and didn't need their advice — or so I thought.



### DID I CHECK?

For a line company pilot on deployment, things can become very routine. We often perform daily operations without being able to account for every step needed to accomplish our final goal.

### DID YOU KNOW?



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## SAFETY FEATURE



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## PRODUCTS & TOOLS



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.



The Ground Risk Assessment Tool is an interactive, automated online system developed to augment risk management planning and decision-making for ground operations.



The latest installment of the Army's **Ready ... or Not?** campaign is now available and contains a new collection of safety videos, posters and articles to help Soldiers and leaders prepare for the unique challenges the next few months will bring. Click here to learn more.

Are you **Ready ... or Not?**

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