



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND  
HEADQUARTERS, U.S. ARMY GARRISON-YONGSAN  
UNIT #15333  
APO AP 96205-5333

IMYN-ES

29 JUL 2014

UNITED STATES ARMY GARRISON-YONGSAN (USAG-Y) POLICY LETTER 5-19

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Over-the-Counter Medicinal Purchases Containing Dextromethorphan (DXM)

1. **REFERENCES:**

- a. Department of Defense Education Activity (DODEA) Regulation 2051.1, Disciplinary Rules and Procedures, 16 August 1996, with C1, 22 March 2000.
- b. United States Forces Korea (USFK) Regulation 60-1, Ration Control Policy- Access to Duty Free Goods, 02 August 2013.
- c. USFK Regulation 600-52, Civilian And/Or Family Member Misconduct, 17 February 2014.

2. **PURPOSE:** To establish and define enforcement mechanisms regarding purchasing over-the-counter medicines containing Dextromethorphan by youth in USAG-Y. This policy is intended to compliment and support existing regulatory guidance regarding use and possession at school and current restrictions on the sale of medicines containing DXM to youth members of the Community.

3. **DEFINITION:** For purposes of this Command Policy, "youth" refers to Status of Forces Agreement (SOFA) status dependents and their guests who are nineteen (19) years of age and under.

a. Dextromethorphan (DXM) is a semi synthetic narcotic related to opium and found in many over-the-counter cough suppressants in the United States and most countries. DXM is contained in any drug whose name includes "DM" or "Tuss."

b. The drug comes in various forms. Most common are cough suppressants in caplet or liquid form, including *Robitussin*, *Vicks Formula 44*, *Drixoral*, *Delsym*, *Pertussin*, *Coricidin* and several generic brands.

4. **APPLICABILITY:**

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a. This policy applies to all youth within USAG-Y.

b. This policy compliments, but exists independent of and in addition to, the student drug and alcohol policy found in DODEA Regulation 2051-1.

c. Supplementation of this Policy is not permitted without prior approval of the USAG-Y Commander.

5. **POLICY**: Youth will not purchase over-the-counter cough medications on post.

6. **GENERAL**:

a. Over-The-Counter Medications

(1) Youth will not purchase over-the-counter cough medications on post.

(2) Administrative sanctions range from a warning letter, restriction, community service, suspension of ration control privileges, and termination of government quarters to debarment from all USAG-Y Installations and/or early return to the United States prior to the parent's/sponsor's DEROS.

b. Primary responsibility

(1) Primary responsibility for a youth's health belongs to the parent/sponsor. Youth who are ill or injured should remain at home, or, if necessary be taken to the hospital. They should not be sent to school with instructions to go to the school nurse. Youth who are ill cannot learn effectively, and they spread infection to others.

(2) The DODDS School Nurse provides medical assistance, services, and first aid for youths who become ill or injured during the school day, coordinates care and medication for youths during the school day, and maintains medical and first aid supplies for the school. The DODDS School Nurse does not dispense aspirin or other over-the-counter medications, or excuse students from participating in physical education. All prescription and non-prescription drugs must be kept by the nurse.

7. **RESPONSIBILITIES**:

a. Commanders - Ensure USFK Military personnel, the Civilian components, and Family members comply with this Command Policy.

b. USAG-Y Provost Marshal Office (PMO) – Enforce the provisions of this policy,

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through the use of patrols, incident reports, and/or other appropriate measures.

c. USAG-Y Commander – Enforce the provisions of this policy as the misconduct action authority for violations.

d. The General Manager, Army and Air Force Exchange Service (AAFES); General Manager, Dragon Hill Lodge (DHL); and the USAG-Y Provost Marshall (PM) (or their designees) will share responsibility for identifying violators of this policy in writing to the Garrison Commander.

e. USAG-Y retail sales facility managers will report violations of this policy occurring in their facilities through their respective management chains and the Yongsan Military Police (MP). The MP will report violations observed in the course of performing law enforcement duties through the Provost Marshal.

f. USAG-Y Director of Emergency Services -

(1) Serves as the designated representative of the USAG-Y Commander and has supervisory responsibility over the USAG-Y Youth Over-the-Counter Medicinal Purchases Program.

(2) Is the USAG-Y POC for this policy.

8. **EXCEPTIONS TO POLICY:**

a. Personnel requesting an exception to this policy must forward their request to the USAG-Y Directorate of Emergency Services.

b. Exceptions concerning this policy will be authorized or approved for a one year period, unless specifically stated in writing by the Garrison Commander, USAG-Y.

c. Personnel requesting an exception to this policy must submit their request to Commander, USAG-Y, ATTN: Directorate of Emergency Services Office, Unit #15333, APO AP 96205-5333.



MARIA P. EOFF  
COL, LG  
Commanding