



ARMY STRONG.™

KNOWLEDGE

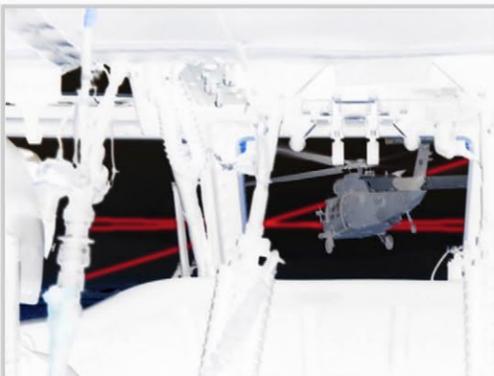
OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

THIS WEEK 10/15/2014



ROADRAGEOUS

While I was attending the Aviation Maintenance Technician Course as a part of my Warrant Officer Basic Course at Fort Eustis, Virginia, my wife and 2-year-old daughter came for a visit. This weekend allowed us to spend some quality family time together, but it was also memorable for a very ugly and scary event that happened on the roadway.



CALL IT A DAY

I still talk to the crews of the flight about our near tragedy. It was a hard lesson to learn and, as strange as it might sound, I am glad I was put in that position. I often discuss the flight during crew briefs, and I am sure the other pilots involved do the same.



SLEEPLESS IN THE SADDLE

Eight hours of sleep isn't a luxury we're all afforded. It was hard to come by when I was stationed in Fulda, Germany. Unfortunately, sleep isn't one of those basic needs your body can do without for long. I eventually found out you've got to pay your sleep debt.

DID YOU KNOW?

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FATIGUED DRIVING

is just as dangerous as drunk driving. If you need to rest, do it!

SAFETY FEATURE



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PRODUCTS & TOOLS



Learn the safety culture and climate within your organization with the Army Readiness Assessment Program.



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.



The cooler days and longer nights of autumn are finally here, and with them come hazards unique to the season. As the temperature drops and Soldiers, Army civilians and Family members take to roads and the great outdoors for some well-deserved downtime, they'll be exposed to risk more often than they might think. It's important to prepare them now for what lies ahead. Are you *Ready ... or Not?*



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