



ARMY STRONG.

KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

THIS WEEK 09/17/2014



A GOOD BAD EXAMPLE

I take safety seriously. I'm the guy who reminds you to take off your ring, put on hearing protection, wear safety glasses and buckle your seat belt. You never know when something is going to happen and you'll have wished you had. I'm also serious about off-duty safety. For the past 25 years, I've always worn my helmet while biking. The same goes for rollerblading ... except that one time.

HELLO
I AM...

ACCOUNTABLE

IF NUMBERS TALKED

I always begin this story with, "It was 100 percent my fault." Pride aside, here are the events that led up to my Class D accident.



AVOIDING LEFT-TURNERS

Left-turning vehicles are a significant hazard to motorcyclists. We must understand how left-turner crashes occur and how to avoid them.

DID YOU KNOW?

September is National Preparedness Month, and all Americans are reminded to Be Informed, Make a Plan, Build a Kit and Get Involved. For more information about National Preparedness Month and to register for America's PrepareAthon on Sept. 30, visit the Ready campaign's website at <http://www.ready.gov> or click here.



SAFETY FEATURE

HERE IT IS YOUR HOME COMES READY ... OR NOT?

Make an Emergency Kit!

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps

READY ... OR NOT?

Ready ... or Not? is a call to action for leaders, Soldiers, Army Civilians and Family members to assess their "readiness" for what lies ahead—the known as well as the unknown.

Throughout our professional and personal lives, events happen all around us. We are often able to shape the outcome of those events, but many times we're not. Navigating life's challenges is all about decision-making.

So are YOU ready ... or not?

[CLICK TO DOWNLOAD](#)

PRODUCTS & TOOLS

SAFETY is a Frame of Mind:

Make your Soldiers aware of the off-duty hazards they'll face in the upcoming months with the Off-duty Safety Awareness Presentation.

RANGE & WEAPONS SAFETY TOOLBOX

A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.

READY ... OR NOT?

The cooler days and longer nights of autumn are finally here, and with them come hazards unique to the season. As the temperature drops and Soldiers, Army civilians and Family members take to roads and the great outdoors for some well-deserved downtime, they'll be exposed to risk more often than they might think. It's important to prepare them now for what lies ahead. Are you Ready ... or Not?



U.S. ARMY COMBAT READINESS/SAFETY CENTER

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