



ARMY STRONG.®

# KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

## THIS WEEK 07/30/2014



### THE HUMAN CHOCK BLOCK

Experience has taught me to read the maintenance manual every time I work on my vehicle. It lists the dangers that can be involved with any of the components on which I may be working. This is also true for the maintenance manuals that deal with the items in the Marine Corps' — or any other branch of the armed forces — inventory. A close call while preparing for a field operation served as a reminder of just how important it is that we do our jobs by the book.



### THE FUN KILLER

Water-related activities come with certain risks. Don't let an accident kill your fun this summer. Know your limitations and mitigate the hazards to ensure your day in the sun and surf doesn't end in tragedy.



### LAST RIDE

Before participating in any off-road activities, make sure you have the proper training and personal protective equipment. Without it, your next ride could be your last.

### DID YOU KNOW?



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### SAFETY FEATURE



## FEELIN' TEXTY?

**HIDE THE TEMPTATION BEFORE DRIVING! PUT THAT PHONE OUTTA SIGHT!**

At any given daylight moment across America, approximately 660,000 drivers are using cellphones or manipulating electronic devices while driving, a number that has held steady since 2010. In 2012 alone, 3,328 people died on U.S. roadways in distracted driving crashes, and an estimated 421,000 were injured in motor vehicle crashes involving a distracted driver.

**PROTECT YOURSELF AND YOUR BATTLE BUDDIES!**



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<https://safety.army.mil>

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### PRODUCTS & TOOLS



Mentoring can help keep Soldiers safe. Find out what you can do to protect your Soldiers with the Motorcycle Mentorship Program.



Learn the safety culture and climate within your organization with the Army Readiness Assessment Program.



The **Know the Signs** campaign is designed to heighten awareness of risk factors and provide leaders and Soldiers the tools they need to address safety issues in their unit or peer group. The signs are all around. *It's up to you to recognize and act on them.*



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