



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY, PACIFIC
FORT SHAFTER, HAWAII 96858-5100

APCG

MAR 12 2014

MEMORANDUM FOR All US Army, Pacific Soldiers, Civilians, and Family Members

SUBJECT: Health Promotion and Suicide Prevention Policy Memorandum 14-03

1. Reference AR 600-63, paragraph 1-25(a), Army Health Promotion, 7 May 2007 Rapid Action Revision (RAR) Issue Date: 7 September 2010.
2. Policy. USARPAC units will promote known protective factors against suicide. We are not going to wait for a suicide crisis to develop to get our attention, but instead, we are marching in the other direction to prevent crisis from reaching a lethal level. Commanders and leaders at all levels must foster a positive and caring climate to achieve this goal. Attention on protective factors will shift command attitudes toward optimism and hope as a daily way of life.
3. Actions. Suicide is not a crime to be judged, but a tragedy for all. We will create a climate of openness that fosters trust and respect in our Army Family. USARPAC units will focus on resiliency/CSF2 and mandatory ACE/ACE-SI training and:
 - a. Improve Soldier connections. Good "social support" includes battle-buddies, religious or spiritual activities, and Family events critical to staying ahead of crisis. Minimize within unit transitions to strengthen Soldier support networks. Good connections build protection!
 - b. Attack stigma directly. Stigma is embedded in language, actions, and attitudes. Correct your formations when Soldiers trivialize suicide as this adds to perpetuating stigma.
 - c. Promote prevention resources. National Suicide Prevention Lifeline, 1-800-273-TALK (8255) or confidential contact can be made to the On Call Duty Chaplain, (808) 217-5959. The Army G-1 website at <http://www.armyg1.army.mil/hr/suicide/> has numerous updates and initiatives. Utilize the enclosed resiliency paper and localize resources within your areas.
4. This Policy Memorandum supersedes Policy Memorandum 05-09, Suicide Prevention, 22 June 2009 and Policy Memorandum 13-08, Soldier Wellness Action Plan (SWAP), 26 August 2008. This policy will be permanently posted on unit bulletin boards.
5. Point of contact is Wayne A. Hankammer, USARPAC G-1, Suicide Prevention Program Manager, commercial (808) 438-4173 or E-mail wayne.a.hankammer.civ@mail.mil.

One Team!

Encl


VINCENT K. BROOKS
General, USA
Commanding