



JOINT BASE MYER-HENDERSON HALL WEEKLY GOUGE



HEADQUARTERS & SERVICE BATTALION INFORMATION

HQCo
(703)614-7140

S-1
(703)614-2014

CONAD
(703)614-7171

S-3
(703)614-1471

S-4
(703)614-9455

S-6
(703)693-9530

SUPPLY
(703)614-7131

MOTOR-T
(703)614-1332

DMO
(703)614-7191

CHAPLAIN
(703)614-9280

FRO
(703)697-7342

SAFETY &
ENVIRONMENTAL
(703)614-1900

CAREER PLANNING
(703)614-9208

March 04, 2014

EDUCATION AND TUITION ASSISTANCE

' The USMC announced that effective 05 February, Tuition Assistance funding was increased to what would be roughly the equivalent of pre-sequestration levels. Therefore, there is now sufficient funding to handle virtually ALL Tuition Assistance applications that meet all criteria for eligibility, regardless of when the coursework starts, from now through the end of the Fiscal Year (30 Sept).

All Student Marines are encouraged to check in with the education office and with their college representatives to make sure they meet all other criteria for using Tuition Assistance, as well as all conditions necessary to enroll in their desired coursework. The education office is located in Building 29, Room 204.

Representatives for Northern Virginia Community College, University of Maryland University College, Park University and Boston University can also be found in Building 29, in Room 206. There are occasional monthly and quarterly visits by representatives from other schools, as well, including Norfolk State University, Empire State/SUNY, National University and Webster University. Check with the education office for the university representative schedules and other school contact information, as well. '

COMMAND COMMUNICATION

Make sure that you and your family members are receiving update information from the command by updating your Family Readiness Contact information on MOL. It's easy and fast to update, just go to your "Personal Info" tab in MOL, select the "Family Readiness" and update your info, spouses, family members or whoever you would like to receive official command communication.

*******Rader Clinic back up for enrollment for adults and children*******

Ms. Hattie Powell is available to brief you on any of your chosen forums and facilitate enrollment. (703) 692-1528 or Email @ hattie.powell-ray@usmc.mil

CONAD PENTAGON ROAD SHOW

CONAD will be conducting a road show at the Pentagon every Wednesday unless otherwise advised. Located in Room 4B548 (Division of Public Affairs Conference RM) from 0900-1400. CONAD will continue with the road shows every Wednesday at the same location in order to provide administrative support for the Marines who work in the Pentagon. If any of your Marines need any administrative support I ask that you direct them our way. CONAD sends e-mails the Marines that are due to have their triennial audits, dependent over 21 audits and CSB audits completed on weekly basis. This is a great time to have your Marines meet this requirement.

DECLARE YOUR MOTORCYCLE OWNERSHIP

If you own or operate a motorcycle, Marine Corps regulations require that you report such ownership/operation to your command. ALMAR 014-08 which was published in 2008 mandated that all Marines declare motorcycle ownership (even if cycle is not at their current duty station or is not being currently ridden) and/or ridership within 48 hours from checking into their command. In many cases this is not happening. Failure to comply with the ALMAR subjects the violator to punitive actions under the UCMJ and possible loss of benefits in the event of a motorcycle accident or mishap involving bodily injury. Declaration of motorcycle ownership and/or ridership is easy. Contact the HQBN Safety and Environmental Officer at 703-693-2501 and request that a Motorcycle Owner Information Sheet via email or fax, fill it out and send it back. That's all that is required. Contact GySgt Dunston at 703-614-7190/91 or Maurice.dunston@usmc.mil for more information.

BEHAVIORAL HEALTH WEEKLY MEETINGS

The Marine Corps Community Services Behavioral Health Branch offers weekly meetings throughout the month. A men's domestic violence intervention group (STOP) meets Tuesdays, 9 – 11 a.m., for 26 weeks, in Bldg. 12's conference room. An anger management workshop meets Wednesdays, 9 – 11 a.m. (location to be announced). A women's support and empowerment group also meets; please call for details on this group. For more information on the groups and other services provide to active duty personnel and their families, please call 703-614-7204.

SHOPETTE
(703)979-8420
EXT: 107

UNIFORM SHOP
(703)979-8420
EXT: 340

ATHLETIC/SPORTS
(703)697-2706

SMITH GYM
(703)614-7214

SMP
(703)614-4947

ZEMBIEC POOL
(703)693-7351

FAMILY ADVOCACY
(703)614-7204

EDUCATION
(703)614-9104

RELOCATION
ASSISTANCE
(703)614-7202

FINANCIAL
MANAGEMENT
(703)614-6950

ITT
(571)483-1963

VOLUNTEER
PROGRAM
(703)693-1253

CAREER RESOURCE
MANAGEMENT
CENTER
(703)614-6828

"RUACH WARRIOR" WEEKLY BIBLE STUDY

"Ruach Warrior" Weekly Bible Study is held every Wednesday 11:30-1200 in the Henderson Hall Chapel. This is a non-denominational study of the Bible to encourage and uplift your spirit on key Godly principles. Everyone is invited and there will be refreshment at the end. Please call the 703-614-9280 for questions or additional information.

FINANCIAL MANAGEMENT ASSISTANCE AVAILABLE

The Marine Corps Community Services Personal Financial Management Program assists with everything from budgeting to investing. Classes are held throughout the month on a variety of topics, to include planning for retirement. For a list of upcoming topics, please visit www.mccsHH.com/Finance.html. For more information, please call 703-614-6950.

AFTERNOON TOASTMASTERS

Would you like to improve your public speaking, listening, or leadership skills? You are nervous giving briefings, but would like to learn how to control the biggest fear of all. If so, the new toastmasters club invites you to our weekly meeting Tuesdays, 17:30- 18:45 in the Pentagon Main Cafeteria (directly under CVS and behind Subway & Dunkin Donuts). First come first served. For more information, contact Carl or Bert at carl.e.sabath.civ@mail.mil (703) 695-2804 or jose.h.romero6@mail.mil (703) 695-3443. Toastmasters International, www.toasmasters.org endorsed by OPM 24 Sept 2000, 13 Jul 2009.

VICTIM ADVOCACY PROGRAM

If you need to speak with a Victim Advocate during regular business hours (Monday–Friday, 7:30 a.m. – 4:30 p.m.), you can call the Family Advocacy Program at (703) 614-7204 and speak with one of our Victim Advocates. If you need to speak with a Victim Advocate after regular business hours, you can call the Victim Advocacy Hotline at (703) 693-6611. If you are an active duty service member and you are a victim of sexual assault, you may also speak with the Sexual Assault Response Coordinator (SARC) or Uniformed Victim Advocate (UVA) assigned to your Command for additional information about the Sexual Assault Prevention and Response (SAPR) program, for Restricted and Unrestricted reporting options or to report an assault. The H&S Battalion SARC can be reached during working hours at (703) 693-4733 or by cell phone at (571) 205-1298. The H&S Battalion UVA can be reached during working hours at (703) 693-7407 (office) or by cell phone at (202) 439-5827. National hotline for victims of domestic abuse, the national Hotline for victims of sexual assault is available 24 hours a day, seven days a week. **The toll-free number is 1-800-656-HOPE.** <http://www.hqmc.marines.mil/Agencies/HeadquartersandServiceBattalion/SAPROffice.aspx>

DSTRESS Available 24/7

The United States Marine Corps challenges Marines to win your personal battles. Help is available through online chat or phone for anonymous, peer-to-peer counseling 24/7. Online chat is at DSTRESSLINE.com or call 877-476-7734.

H&S BN, HQMC WEBSITE MOVED

H&S Bn website has moved to the following address:

<http://www.hqmc.marines.mil/Agencies/HeadquartersandServiceBattalion.aspx>

MCCS Henderson Hall on Facebook and Twitter

Keep aware of MCCS Henderson Hall activities by liking [mccsHH](https://www.facebook.com/mccsHH) on Facebook and following [mccsHH](https://twitter.com/mccsHH) on Twitter. Also visit our website, www.mccsHH.com. On a mobile device? You'll be automatically redirected to our mobile site.

SOCIAL MEDIA FOR H&S BN, HQMC

Make a comment, identify yourself or others, and download hi-res images from H&S BN, HQMC, HH on Flickr

 <http://www.flickr.com/photos/107757436@N08/>

Become a fan of H&S BN, HQMC, HH on Facebook



<https://www.facebook.com/hendersonhall>



JOINT BASE MYER-HENDERSON HALL

WEEKLY GOUGE

MCCS INFORMATION

<http://www.mccshh.com>



Wednesday, March 5

- Beginning today, the upper parking lot at the rear of the Marine Corps Exchange will be inaccessible to patrons through March 17, depending on weather. Pedestrian access through the area at the rear of the MCX will be intermittently impacted during this period, when construction crews require closing access for safety. The Java Café will continue to open at their regular time, 7:30 AM weekdays, 9 AM Saturdays, and 10 AM Sundays. Patrons should use the MCX garage breezeway entrance and proceed through the store to the Java Café. The breezeway entrance only will be open early. For their safety, patrons are asked to obey all signage in and around the construction site. Any concerns may be directed to MCCS Operations at 571-483-1947.
- Single Marines: register by TODAY for the March 7 trip to the Marine Corps Museum. The trip is free, leaves at 11 AM and returns by 5 PM. 703-696-0033
- Designer Month Week One through March 9: 20% off Hart Schaffner Marx, Alexandre London Off the Rack suits, Tommy Bahama, Fossil and Jones apparel; 20% off accessories from Coach, Citizen, Movado, Swarovski, Rioni Prada, and Fossil; 15% off fragrances from Coach, Prada, Swarovski, Tommy Bahama, Chanel, and Dior; 20% off Coach shoes. Great savings on designer brand name merchandise. 703-979-8420
- Designer Month product experts in store from Alexandre London today through March 9, 10 AM – 6 PM.
- The Personal Financial Management Program offers a workshop on budgeting basics 11:30 AM – 1 PM in Bldg. 29, Rm. 204. Register: 703-614-6950
- An 8-week anger management group meets 9 – 11 AM in Bldg. 12. Call 703-614-7204 to attend.
- Little Patriots Play Group meets at the Indian Head, Maryland, USO 10 – 11:30 AM. Refreshments sponsored by Navy Mutual Aid Association <<http://www.navy mutual.org>> . 703-614-7204
- The Marine Club offers menu service, soup and salad bar 11 AM – 2 PM. Also, a wings special: \$9.99 buys 10 wings, a salad, and a drink. 703-614-2125

Thursday, March 6

- The Personal Financial Management Program offers a workshop on credit management 11:30 AM – 1 PM in Bldg. 29, Rm. 204. Register: 703-614-6950
- The Marine Club offers menu service, soup and salad bar 11 AM – 2 PM. Also, a wings special: \$9.99 buys 10 wings, a salad, and a drink. 703-614-2125

Friday, March 7

- Taste El Don wines and Bodegas Vizar wines at The Vineyard Wine & Spirits 11 AM – 2 PM. 703-979-8420 ext. 105
- The Marine Club offers menu service, soup and salad bar 11 AM – 2 PM. Also, a wings special: \$9.99 buys 10 wings, a salad, and a drink. 703-614-2125

Saturday, March 8

- Register to win a Coach gift. Enter 11 AM – 3 PM at the MCX ladies' handbag department.

Monday, March 10

- Come celebrate madness in March at the Java Café with Macchiato Madness! Get any size Macchiato hot or iced Caramel or Hazelnut flavor for half price daily 1 – 2 PM.
- The Marine Club offers menu service, soup and salad bar 11 AM – 2 PM. Also, a wings special: \$9.99 buys 10 wings, a salad, and a drink. Bar open 4:30 – 11 PM. 703-614-2125
- Be a Tutor Buddy! Go to Barcroft Elementary school to mentor a student and gain valuable experience in making a difference in a child’s life. Transportation leaves at 11:40 AM and returns at 1:05 PM. To volunteer: 703-693-8378
- Learn about raising confident, competent children from the Triple P Parenting Program 2 – 2:30 PM in Bldg. 12’s conference room. Register: 703-614-7204

Upcoming and Ongoing...

- Come out and play a friendly game of Dodge Ball Friday, March 14, 12:30 PM at Smith Gym. All DOD ID card holders 18 and older can join in. Spectators: come cheer on the players and get a bag of popcorn free. 703-614-8759
- The Semper Fit Running Club and Cycling Club want you! Track your miles run or cycled indoors or out and record them on the honor system with Semper Fit. Win incentive rewards for your dedicated efforts. 703-693-4730
- Mark your calendar for the Spring Education & Career Fair Thursday, April 3, 10 AM – 1 PM. 703-614-6828
- Discount movie tickets are sold at the MCX Customer Service counter. Exchange privileges are not needed to purchase. 703-979-8420
- For ongoing tests given by Education & Career Services, please phone 703-614-9104 or visit www.mccshh.com/learning.html <<http://www.mccshh.com/learning.html>>.

*******CHAPLAIN’S SECTION*******

"The Ultimate Mentor"

The Ultimate Mentor Bible Study is held every Wednesday from 1100-1200 in the 2nd floor Conference Room of the Naval Support Facility, Bldg 12. This is a non-denominational Bible Study and is currently going through a study of the book of Proverbs designed to help you integrate your faith into all facets of life. For more information, please call (703) 604-4462 or 703-614-9280.

MARINE VOLUNTEER:

1. The Close-Up Foundation is the nation's largest non-profit, non-partisan citizenship educational organization, working to promote responsible and informed participation in the democratic process through a variety of educational program seminars. These seminars help to familiarize students with the workings of the government and the military. Additional information on the Close-Up Foundation can be found at www.closeup.org.

2. This is a great opportunity for service members to sharpen their public speaking skills and craft messages on a variety of issues. Each session is strictly "non-attribution" and requires no specific expertise by the service member involved; other than personal experiences as a military service member. Panelists are asked to arrive at least 15 minutes earlier than the scheduled session time. Panelists should expect to stay 10-15 minutes after the scheduled session for photos and student interaction.

3. The easiest method of getting to the WIMSA is via the Metro Rail, Blue Line, and getting off at the Arlington Cemetery stop. Volunteers are encouraged to sign up for at least one session, but can sign up for several if desired. Sessions are scheduled on a first come, first serve basis.

Who: Marine officer ranks, 02-04 and Enlisted Marines, ranks E5-E8

What: Close-Up Foundation Educational Program Panel Sessions

When: Various dates listed below; 1430-1530

Where: Women in Military Services for America (WIMSA) Auditorium, Arlington Cemetery, Arlington, VA

Attire: Service Charlie's

Role: Serve as a panelist providing students general information regarding military services; the workings of the government and your own personal experiences the military, your career, and life in the military.

Available dates: Mar 11, 18 and 25; Apr 1, 8, 15, and 29; May 6, 13, 20 and 27; Jun 3 and 10.

If interested in participating, please contact Ms. Hattie Powell-Ray at (703) 692-1528 or hattie.powell-ray@usmc.mil.

*******MORE VOLUNTEER OPPURTUNITES*******

Who: Marine officer, ranks 02-05

What: Panel speaker, National Youth Leadership Forum (NYLF) Career Panel (Defense, Intelligence and Diplomacy) and Career Exploration Fair:

Theme: Discover the Future.

When: March 5. Hospitality - 1900; Career Panels-1930-2045 p.m. Career Fair - 2045-2130.

Where: Sheraton Pentagon City Hotel, 900 S. Orme St., Arlington, VA 22204.

Uniform: Service "B"

Background:

Career Panels: The career panels serve as an opportunity for students to explore career options in defense, intelligence or diplomacy through speaker presentations and question and answer periods. The unique experience of hearing from experts in the field presents students with the possibility of discovering specific information related to career paths they are interested in while also challenging and inspiring them to consider additional career options within the field of national security.

Career Exploration Fair: Launching Your Professional Network. The career exploration fair presents the opportunity to network and explore career opportunities with representatives of various schools and agencies to discuss specific topics such as college recruitment and admissions, national security issues, military or civilian government service careers or current international affairs issues Volunteer is on a first come first serve basis.

If interested, please contact Ms. Hattie Powell-Ray at (703) 692-1528 or Email @ hattie.powell-ray@usmc.mil.

FAST & FREE



HEADQUARTERS, U.S. MARINE CORPS TAX CENTER

**FAST AND FREE TAX PREPARATION
AND ELECTRONIC FILING FOR
FEDERAL AND STATE TAX RETURNS**

Opens January 21, 2014

Monday thru Friday 0800 to 1600

Henderson Hall, Bldg 29, Rm 105

For Information Call (703)693-7001

No appointments are necessary, however, appointments are available for more complex tax returns.

Please bring:

- Military ID
- All W2's
- All 1099s, 1098s, etc..
- Social Security cards for all family members
- EIN for day care providers
- All documents supporting deductions and credits
- Copies of your 2012 federal and state tax returns
- Tax power of attorney or IRS Form 2848 (POA).



FAST & FREE



JOINT BASE MYER-HENDERSON HALL WEEKLY GOUGE



UPCOMING AND ONGOING EVENTS:

- **Welcome Aboard.** Marine Corps Community Services holds a Welcome Aboard orientation Tues., March. 11, starting at 8 a.m. in the Marine Club. Briefers from MCCS and the joint base will welcome newcomers and provide information on their programs. All newcomers and their families are welcome to attend. The brief includes an optional walking tour of the Henderson Hall portion of the joint base, break for lunch, and a bus tour of the local area. Each sponsor receives a coupon for lunch at the club or the Java Café. Please register in advance by calling 703-614-7202
- **VA Claims Assistance.** If you are thinking of filing a claim with the Department of Veterans Affairs, the National Service Officer from American Veterans (AMVETS) can assist you. The representative will be in Bldg. 29's Career Resource Management Center on the second and fourth Thursday of each month by appointment only. For assistance, please bring your service medical records, private physician's records, DD Form 214, marriage certificate, children's birth certificates, and copies of your dependents' social security cards. The National Service Officer will consult with you about the condition for which you are considering filing a claim. For service hours and to make an appointment, please call 703-614-6828.
- **Henderson Hall Battalion Supply.** The warehouse will now accept clean unserviceable military uniform items for proper disposal. Items may be brought during normal business working hours. Items not accepted include undergarments, socks, skivvy shirts and shorts, and Central Issue Facility (CIF) items. Any questions or concerns may be directed to either Sgt Edwards, Scott (scott.edwards@usmc.mil) or Sgt Abrams, David (david.abrams@usmc.mil). You may also call at 703-614-7131.
- **Marine Corps Exchange on Joint Base Myer-Henderson Hall to Undergo Renovation**
General access: On or about Wednesday, March 5, the parking lot at the rear of the Marine Corps Exchange will be inaccessible to patrons. The closure is expected to last until March 17. Pedestrian access through the area at the rear of the MCX will be intermittently impacted over the next two weeks when construction crews require closing access for safety. Java Café access: The Java Café will continue to open at their regular time, 7:30 a.m. weekdays, 9 a.m. Saturdays, and 10 a.m. Sundays. During crane operations March 5 – 14, Java Café patrons should park in the MCX garage, use the breezeway entrance on the second floor, and enter the Java Café from inside the MCX, which will open to permit access to the Java Café only.
Periodic inaccessibility: During crane operations March 5 – 14, pedestrian access in and around the MCX second floor and at The Vineyard Wine & Spirits will be impacted periodically. American Clipper Barber Shop patrons may use the side entrance during these times. The Marine Club should not be affected. Please check www.facebook.com/mccsHH for updates. For their safety, patrons are asked to obey all signage in and around the construction site. Any concerns may be directed to MCCS Operations at 571-483-1947.
- **Education & Career Services.** For ongoing tests given by Education & Career Services, please phone 703-614-9104 or visit www.mccsHH.com/learning.html <<http://www.mccsHH.com/learning.html>>.
- **New MCX Price Match Program.** MCX is committed to offering you the best price every day. If you find a lower price in a local competitor's store, ad, or on certain major online sites (see below for qualifying sites), we'll match the price! Some exclusion applies. MCX will match the price on the online sites of Walmart.com, Target.com, Amazon.com, BestBuy.com, Sears.com, ToysRUs.com or BabiesRUs.com only. Prices of third parties doing business on these websites will not be matched. The qualifying competitive online price may be presented on a mobile device such as a tablet computer or smart phone. Printed copies of a web site are not acceptable. For more information, please visit <http://mymcx.com/index.cfm/support/price-match-guarantee/>

HEADQUARTERS AND SERVICE BATTALION HENDERSON HALL SHUTTLE SERVICE

Henderson Hall Motor Transport has adjusted the Shuttle Service which will now be running between Henderson Hall, the Pentagon, and the Naval Support Facility (NSF). The hours of operation for this service will be from **1000** to **1500**, with no service on weekends and observed holidays. This service is open to all military and civilian personnel within Henderson Hall, the Pentagon, and the Naval Support Facility.

The shuttle van will depart at the scheduled times regardless of passenger counts. Please do not address or coerce the drivers to wait for additional passengers, or to drop-off/pick-up at locations other than the locations below. The pick-up locations are as follows:

- **HENDERSON HALL: SMITH GYM (BL-27), PULL UP BARS**
- **NAVAL SUPPORT FACILITY: BUS STOP, OUTSIDE MAIN GATE**
- **PENTAGON: SOUTH PARKING, MOTORCYCLE LANE**

Questions or concerns can be directed to the Henderson Hall Motor Transport Section at (703) 614-1332 or the Henderson Hall S-4 office at (703) 614-5979.

SHUTTLE SCHEDULE AND PICK-UP LOCATIONS

*****EFFECTIVE 18 NOVEMBER 2013 *****

HENDERSON HALL SMITH GYM (BL-27) PULL UP BARS	NAVAL SUPPORT FACILITY BUS STOP (OUTSIDE MAIN GATE)	PENTAGON SOUTH PARKING MOTORCYCLE LANE	
DEPART	DEPART	DEPART	
1000	1015	1030	
1045	1100	1115	
1130	1145	1200	
1215	1230	1245	
1300	1315	1330	
1345	1400	1415	
1430	1445	1500	
RETURN TO MOTOR POOL			