



ARMY STRONG.

# KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

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## BLINK OF AN EYE

In a blink of an eye, the motorcycle was on its side and I was hitting the pavement. There was no life flashing before my eyes and no chance to recover, but there was pain in my left knee and elbow. One second I'm on the bike and the next I'm on the ground next to it. Shaken and embarrassed, I sat there for a minute, trying to think what I did wrong.



### MY SON'S FATHER

Flying Army helicopters is a dangerous business. An aviator doesn't fly for 20 years without experiencing close calls. So why were my incidents only close calls? My philosophy about flying was I refused to have my son grow up without a father.



### FORMULA FOR DISASTER

Complacency and overconfidence are even more prevalent at home than in theater. We see it in the number of off-duty accidents, as compared to those at work, as well as in under-reporting. Both are signs of a complacent and overconfident Soldier.

## DID YOU KNOW?

The simple choices we make every day can have the greatest impact on our lives. No one knows that better than Pvt. Karen Risser. She's shared her story in hopes of reaching other Soldiers. Click here to view it.



## SAFETY FEATURE

### Motorcycle Safety Inspection Checklist

Item	Check	Look For	Check Off
Tires/Wheels	Tire Pressure	Correct tire pressure per side (cold tire)	_____
	Tire Tread	Minimum tread depth (4/32 inch)	_____
	Wheels	Free from cracks, bent, or other damage	_____
	Spokes	Tight and straight	_____
	Hubcaps	Securely attached	_____
Controls	Clutch	Operates smoothly and fully	_____
	Throttle	Operates smoothly and fully	_____
	Brakes	Operates smoothly and fully	_____
	Shift	Operates smoothly and fully	_____
Lights	Headlight	Operates smoothly and fully	_____
	Turn Signals	Operates smoothly and fully	_____
	Brake Light	Operates smoothly and fully	_____
	Side Light	Operates smoothly and fully	_____
Oil	Oil Level	Correct oil level	_____
	Oil Type	Correct oil type	_____
	Oil Filter	Correct oil filter	_____
	Oil Drain	Correct oil drain	_____
Chain/Sprocket	Chain Tension	Correct chain tension	_____
	Chain Lubrication	Correct chain lubrication	_____
	Sprocket	Correct sprocket	_____
	Chain Guard	Correct chain guard	_____
Miscellaneous	Seat	Securely attached	_____
	Handlebars	Securely attached	_____
	Footpegs	Securely attached	_____
	Exhaust	Securely attached	_____

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## PRODUCTS & TOOLS



Summer is here, and with it comes hazards unique to the season. As Soldiers, Army civilians and Family members take to roads and waterways for some well-deserved downtime, they will be exposed to risk more often than they might think. It's important they prepare now for what lies ahead.

The Ground Risk Assessment Tool (GRAT) is an interactive, automated online system developed to augment risk management planning and decision-making for ground operations.



On the home front, a Soldier's "battle buddy" is often his or her Family, and engaged Families can make a huge difference in the safety of our Soldiers off-duty.



SUBMIT AN ARTICLE

KNOWLEDGE HOME

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